Appointments

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Signatures

Anyone writing in these notes should record their name and signature here

Abbreviations:
CMW = Community Midwife; MW = Midwife; StM = Student Midwife; HV = Health Visitor; HCA = Health Care Asst; MSW = Maternity support worker, PT = physiotherapist; Ph = Phlebotomist; GP = General Practioner; Con = Consultant; SpR = Specialist Registrar; Reg = Registrar; SHO = Senior House Officer; US = Ultrasonographer

Name (print clearly)	Post	Signature

Name (print clearly)	Post	Signature

Support Groups

See also www.preg.info/groups

Antenatal Results & Choices (ARC)	0207 631 0285
Childline	0800 1111
Citizens Advice Bureaux (CAB)	0207 833 2181
Drinkline	0800 917 8282
Frank About Drugs	0800 776 600
La Leche League National Breastfeeding	0845 120 2918
Miscarriage Association	0192 420 0799
National Breastfeeding Helpline	0300 100 0212

National Childbirth Trust (NCT)	0300 330 0772
National Domestic Violence helpline	0808 200 0247
NHS Direct	**0845 4647**
NHS Pregnancy Smoking Helpline	0800 169 9169
Sexual Health Information Helpline	0800 567 123
Stillbirth and Neonatal Death Society (SANDS)	0207 436 5881
Working Families (Rights & benefits)	0800 013 0313
NHS Choices	www.nhs.uk/Pages/ homepage.aspx

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